


## Allergy information for our Breakfast Club

### Ingredients, Allergens and Nutritional Information for Magic Breakfast Products

New York Bakery Co ® Bagels (Frozen, boxed)			
<p><b><u>Ingredients:</u></b>  <b>Wheat Flour</b> (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Maize, Yeast, Rapeseed Oil, Salt, <b>Wheat Gluten, Malted Barley Flour, Flour Treatment Agent</b> (Ascorbic Acid).</p> <p><b><u>Allergen Information:</u></b>  <b>Wheat flour (gluten), Wheat Gluten, Malted Barley Flour (gluten).</b>            May also contain traces of <b>sesame</b>.            Contains <b>yeast</b>.</p> <p><b><u>Additional Information:</u></b></p> <ul style="list-style-type: none"> <li>• Suitable for Vegetarians and Vegans.</li> <li>• Free from artificial colours and flavours.</li> <li>• Made on a nut-free site.</li> </ul>			
Nutritional Profile	Per 100g	Per 115g serving (whole bagel)	% RI per serving
Energy	257 Kcal	296 Kcal	15%
Fat	1.6g	1.8g	3%
Saturated Fat	0.2g	0.3g	1%
Carbohydrates	50.0g	57.5g	-
Sugar	5.0g	5.8g	7%
Fibre	3.1g	3.6g	-
Protein	9.1g	10.4g	-
Salt	0.65g	0.75g	12%