



## Nursery Home Learning

Dear Parents/Carers,

In order to support pupils during school closure, we have created a guide to Home Learning for parents and carers. Please find attached:

1. School contacts.
2. **Top Tips** on successful home learning.
3. A **Learning Log** explaining what your child needs to do in their tasks. This will be sent weekly with home learning packs.
4. A list of useful **websites and telephone numbers** that you can use to access help with your child's learning and their wellbeing.

School Contacts	
Ms Keeler <i>SENCO and Safeguarding support</i>	If you would like support to meet your child's wellbeing needs, or if your home circumstances change, e.g. you become eligible for free school meals, please email: <a href="mailto:b.wellbeing@arkbentworthprimary.org">b.wellbeing@arkbentworthprimary.org</a>
Miss Sheppard/Miss Wilkins <i>Nursery Home Learning support</i>	For questions about home learning activities and packs please contact your child's class teacher at: <a href="mailto:N.class@arkbentworthprimary.org">N.class@arkbentworthprimary.org</a>  Please note: This inbox will be checked during the school hours of 9am-3:30pm.

### Top Tips for Home Learning:

- Stick to a familiar routine as much as possible with your child, including regular bedtimes.
- Design your day in a way which suits your child/children best. Suggestions include:
  - Creating an informal timetable
  - Creating a 'to-do' list for the week, mixed with breaks and learning, including activities that your child enjoys.
  - A first, then board. e.g. First, complete your spelling on DB Primary, then you can do some drawing/making/colouring/playing or another activity of choice.
- Turn household tasks into a game e.g. can you match the stripy/spotty/blue socks.
- We will send out guidance in the next coming weeks for PE exercises that can be done at home without any equipment.
- Please remember - Short bursts of learning with breaks between is much better than a long, unproductive learning session.

### Learning Log: Pack 1

The following is age-appropriate for your child. Children are expected to complete work during usual school hours. However, this can be split across the day. e.g. 30 mins of maths could be split into two 15 mins sessions with a break.

Further learning can be accessed through your child's account on the following:

DB Primary

<https://arkbentworth-lbhf.secure-dbprimary.com/>

However, we recommend that this is in addition to the times below.




Please do not feel pressured to finish all the material in one week. However, we will continue to give out new packs each week to ensure full coverage of the curriculum.

Reading	During our phonics lessons we have been learning the letter sounds m,a,s,d. In the pack are some phonic sheets to help continue practising and sounding the letters.
Writing	In writing we have been learning to write our names forming the letters correctly. In the pack is your child's name card to help continue practising writing your child's name.
Maths	In maths we have been learning to recognise our numbers. In the pack is a number matching game to help reinforce with counting and recognising numbers with the instructions. We have also been focusing on naming our shapes. While at home your child can go on a shape hunt in the house and record what shapes they can see.
The wider Curriculum	We have been learning about the life cycle of a chick. To help with your child's fine motor control your child can create a chick using the resources provided or create their own chick.
Extra Activities	Upload a video of your child learning or playing at home using EExAT. Encourage your child to count to 10.
Websites	The following websites are offering a variety of resources free to parents: <ul style="list-style-type: none"><li>- <a href="http://www.twinkl.co.uk/offer">www.twinkl.co.uk/offer</a> (Code: UKTWINKLHELPS)</li><li>- <a href="https://www.bbc.co.uk/teach/primary/zd7p47h">https://www.bbc.co.uk/teach/primary/zd7p47h</a></li><li>- <a href="https://classroommagazines.scholastic.com/support/learnathome.html">https://classroommagazines.scholastic.com/support/learnathome.html</a></li><li>- <a href="https://www.gonoodle.com/">https://www.gonoodle.com/</a></li></ul>

Many thanks for your continued support,  
Miss Sheppard

Miss Wilkins  
*Early Years and Teaching and Learning Lead*

## Other Useful Wellbeing contacts

Young Minds	<p><b>Free helpline for confidential, expert advice for parents who are worried about a child / young person's mental health or behaviour.</b></p> <p>Call us for free Mon-Fri from 9.30am to 4pm – available in England, Scotland, Wales and Northern Ireland.</p> <p>0808 802 5544</p> <p><a href="https://youngminds.org.uk/find-help/for-parents/">https://youngminds.org.uk/find-help/for-parents/</a></p>
Kooth	<p><b>Free, safe and anonymous online wellbeing and counselling support for children / young people aged 11+</b></p> <p><a href="http://www.kooth.com">www.kooth.com</a></p>
Shout (in partnership with Place2Be)	<p>Text <b>CONNECT</b> to <b>85258</b></p> <ul style="list-style-type: none"> <li>• <b>For:</b> anyone in the UK</li> <li>• <b>Available:</b> free, 24 hours a day</li> <li>• <b>More info:</b> <a href="http://giveusashout.org">giveusashout.org</a></li> </ul> <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;"> <p>1</p>  <p><b>Text.</b></p> <p>Text CONNECT to 85258 from anywhere in the UK, 24/7.</p> </div> <div style="text-align: center;"> <p>2</p>  <p><b>Connect.</b></p> <p>You will connect with a trained Crisis volunteer who will listen without judgement and help you to move from crisis to calm.</p> </div> <div style="text-align: center;"> <p>3</p>  <p><b>Calm.</b></p> <p>The conversation only ends once you are in a calm and safe place, ideally with a plan for support going forward.</p> </div> </div>
Childline	<p><b>Call 0800 1111</b></p> <p><a href="#">Chat online</a> (set up an account first)</p> <p><a href="#">Send an email</a> (set up an account first)</p> <ul style="list-style-type: none"> <li>• <b>For:</b> children and young people in the UK</li> <li>• <b>Available:</b> free, 24 hours a day</li> <li>• <b>More info:</b> <a href="http://childline.org.uk">childline.org.uk</a></li> </ul>
Samaritans	<p><b>Call 116 123</b></p> <p><a href="#">Send an email</a> (response within 24 hours)</p> <ul style="list-style-type: none"> <li>• <b>For:</b> adults in the UK</li> <li>• <b>Available:</b> free, 24 hours a day</li> <li>• <b>More info:</b> <a href="http://samaritans.org">samaritans.org</a></li> </ul>