



## Year 1 Home Learning

Dear Parents/Carers,

In order to support pupils during school closure, we have created a guide to Home Learning for parents and carers. Please find attached:

1. School contacts.
2. **Top Tips** on successful home learning.
3. A **Learning Log** explaining what your child needs to do in their tasks. This will be sent weekly with home learning packs.
4. A list of useful **websites and telephone numbers** that you can use to access help with your child's learning and their wellbeing.

School Contacts	
Ms Keeler <i>SENCO and Safeguarding support</i>	If you would like support to meet your child's wellbeing needs, or if your home circumstances change, e.g. you become eligible for free school meals, please email: <a href="mailto:b.wellbeing@arkbentworthprimary.org">b.wellbeing@arkbentworthprimary.org</a>
Mr Ali <i>Year 1 Home Learning support</i>	For questions about home learning activities and packs please contact your child's class teacher at: <a href="mailto:Y.1@arkbentworthprimary.org">Y.1@arkbentworthprimary.org</a>  Please note: This inbox will be checked during the school hours of 9am-3:30pm.

### Top Tips for Home Learning:

- Stick to a familiar routine as much as possible with your child, including regular bedtimes.
- Design your day in a way which suits your child/children best. Suggestions include:
  - Creating an informal timetable
  - Creating a 'to-do' list for the week, mixed with breaks and learning, including activities that your child enjoys.
  - A first, then board. e.g. First, complete your spelling on DB Primary, then you can do some drawing/making/colouring/playing or another activity of choice.
- Turn household tasks into a game e.g. can you match the stripy/spotty/blue socks.
- We will send out guidance in the next coming weeks for PE exercises that can be done at home without any equipment.
- Please remember - Short bursts of learning with breaks between is much better than a long, unproductive learning session.

### Learning Log: Pack 1

The following is age-appropriate for your child. Children are expected to complete work during usual school hours. However, this can be split across the day. e.g. 30 mins of maths could be split into two 15 mins sessions with a break.

Further learning can be accessed through your child's account on the following:

DB Primary	<a href="https://arkbentworth-lbhf.secure-dbprimary.com/">https://arkbentworth-lbhf.secure-dbprimary.com/</a>
Mathletics	<a href="https://www.mathletics.com/uk/">https://www.mathletics.com/uk/</a>

However, we recommend that this is in addition to the times below. Please do not feel pressured to finish all the material in one week. However, we will continue to give out new packs each week to ensure full coverage of the curriculum.

Reading	Children should read for 20 minutes daily. Parents can also read books with children as part of this activity.
Writing	<p>Write out the story using the story map. Children should know these stories by heart using only the pictures as reminders. The written out version is also included for your reference.</p> <p>Write a diary entry of something different that they have done. Starting with 'Dear Diary' and using 'I' in sentences. Include how you felt, what you did and how you enjoyed it.</p>
Maths	<p>Sheets included for addition equations with the help of number lines. All activities have previously been covered in class. For every worksheet, please take time to look over the activity, explain it to your child by giving them an example and then letting them complete the task.</p> <p>It is very important that they can use something concrete to help them solve problems. This develops their understanding in math more so than simply completing an equation. We understand that you may not have counters and other manipulatives, so there is a website we can recommend: <a href="http://www.mathsbot.com">www.mathsbot.com</a></p>
Spelling	Spelling will be uploaded weekly onto DB Primary.
The wider Curriculum	<p><b>Handwriting:</b> Sheets included: Writing out spellings they should be practising in joined up writing. Children now know most of their joins to be able to do this. In the scheme that the school follows, we do not join the following letters; b,g,j,p,q,y.</p> <p><b>Grammar:</b> Sheets included. Capital letters at the beginning of sentences and for names. Full stops for end of sentences.</p> <p><b>Science:</b> Sheets included. Naming animals using clues. Animal crosswords (adult support needed) Writing out names of animals in different categories. (adult support needed) <a href="http://www.kiddle.com">www.kiddle.com</a> this is a child friendly google search engine if needed. Sorting animals by clues.</p> <p><b>Humanities:</b> Travel by horse and carriage and why it was difficult. Children can read the text and find the answer. They also should remember other details from their learning in school. Transport quiz. (adult support in reading)</p>

<p>Extra Activities</p>	<p><b>Reading:</b> Phonics packs have been made, please do keep this safe. It has instructions on how to deliver sessions and help children to improve. This then helps them in their reading.</p> <p><b>Writing:</b> Ask an older member of your family to write a story with lots of mistakes and then you can edit it by adding capital letters and full stops and correcting some spelling mistakes.</p> <p><b>Art:</b> Printing using vegetables like potatoes cut up in different shapes. Use some paint to dip the vegetables and make your own designs. Children have seen this in class.</p> <p><b>Science:</b> Bird watching – can you name the bird you see? Can you find the bird online? Use kiddle.com</p> <p><b>Humanities:</b> Write about what it was like we only had horse and carriages and no cars. Draw and label a cat and write about how it makes our lives easier.</p>
<p>Websites</p>	<p>The following websites are offering a variety of resources free to parents:</p> <ul style="list-style-type: none"> <li>- <a href="http://www.twinkl.co.uk/offer">www.twinkl.co.uk/offer</a> (Code: UKTWINKLHELPS)</li> <li>- <a href="https://www.bbc.co.uk/teach/primary/zd7p47h">https://www.bbc.co.uk/teach/primary/zd7p47h</a></li> <li>- <a href="https://classroommagazines.scholastic.com/support/learnathome.html">https://classroommagazines.scholastic.com/support/learnathome.html</a></li> <li>- <a href="https://www.gonoodle.com/">https://www.gonoodle.com/</a></li> </ul>

Many thanks for your continued support,

Mr Ali

*Year 1 Teacher*

Miss Wilkins

*Teaching and Learning Lead*

Other Useful Wellbeing contacts	
Young Minds	<p><b>Free helpline for confidential, expert advice for parents who are worried about a child / young person's mental health or behaviour.</b></p> <p>Call us for free Mon-Fri from 9.30am to 4pm – available in England, Scotland, Wales and Northern Ireland.</p> <p>0808 802 5544</p> <p><a href="https://youngminds.org.uk/find-help/for-parents/">https://youngminds.org.uk/find-help/for-parents/</a></p>
Kooth	<p><b>Free, safe and anonymous online wellbeing and counselling support for children / young people aged 11+</b></p> <p><a href="http://www.kooth.com">www.kooth.com</a></p>
Shout (in partnership with Place2Be)	<p>Text <b>CONNECT</b> to <b>85258</b></p> <ul style="list-style-type: none"> <li>• <b>For:</b> anyone in the UK</li> <li>• <b>Available:</b> free, 24 hours a day</li> <li>• <b>More info:</b> <a href="http://giveusashout.org">giveusashout.org</a></li> </ul> <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;"> <p>1</p>  <p><b>Text.</b></p> <p>Text CONNECT to 85258 from anywhere in the UK, 24/7.</p> </div> <div style="text-align: center;"> <p>2</p>  <p><b>Connect.</b></p> <p>You will connect with a trained Crisis volunteer who will listen without judgement and help you to move from crisis to calm.</p> </div> <div style="text-align: center;"> <p>3</p>  <p><b>Calm.</b></p> <p>The conversation only ends once you are in a calm and safe place, ideally with a plan for support going forward.</p> </div> </div>
Childline	<p><b>Call 0800 1111</b></p> <p><b><a href="#">Chat online</a> (set up an account first)</b></p> <p><b><a href="#">Send an email</a> (set up an account first)</b></p> <ul style="list-style-type: none"> <li>• <b>For:</b> children and young people in the UK</li> <li>• <b>Available:</b> free, 24 hours a day</li> <li>• <b>More info:</b> <a href="http://childline.org.uk">childline.org.uk</a></li> </ul>
Samaritans	<p><b>Call 116 123</b></p> <p><b><a href="#">Send an email</a> (response within 24 hours)</b></p> <ul style="list-style-type: none"> <li>• <b>For:</b> adults in the UK</li> <li>• <b>Available:</b> free, 24 hours a day</li> <li>• <b>More info:</b> <a href="http://samaritans.org">samaritans.org</a></li> </ul>